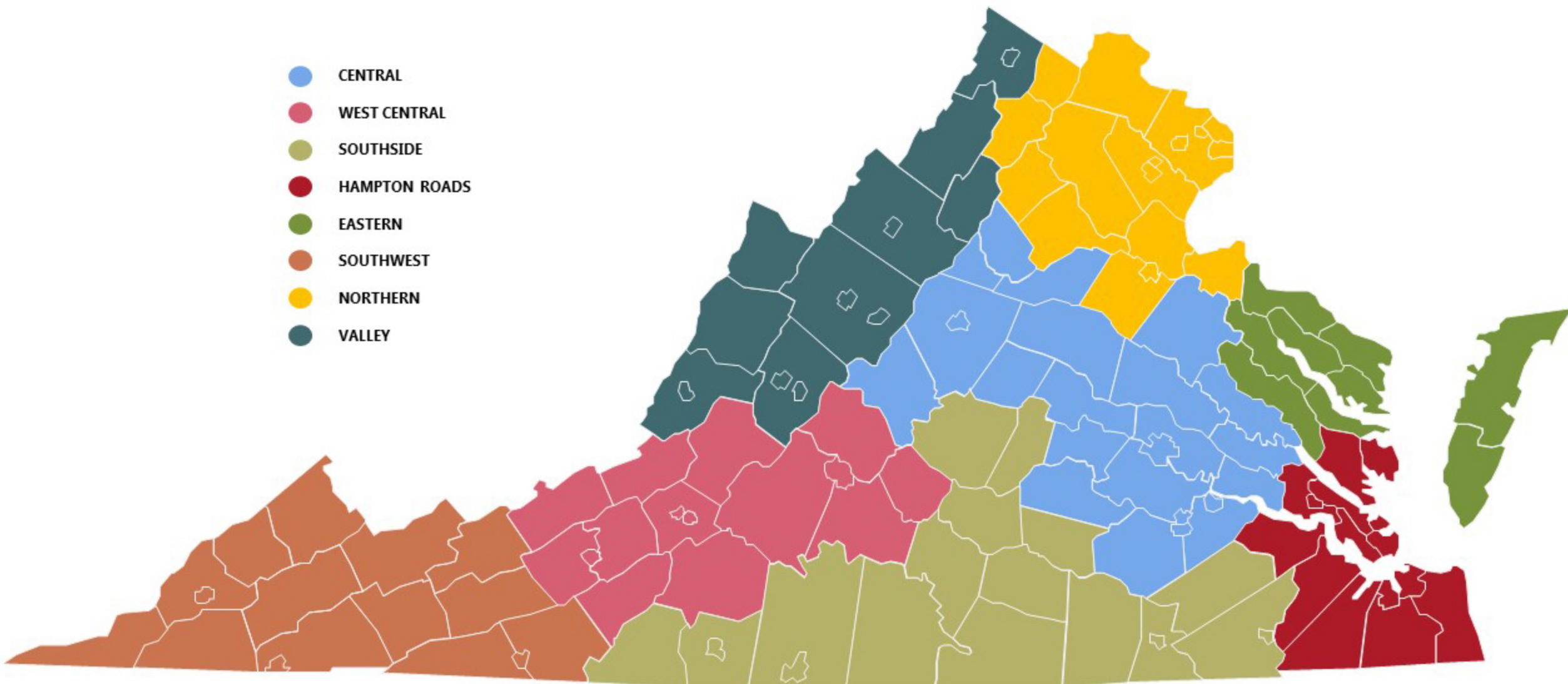


Virginia's Demographic Regions

created by the University of Virginia Weldon Cooper Center

- CENTRAL
- WEST CENTRAL
- SOUTHSIDE
- HAMPTON ROADS
- EASTERN
- SOUTHWEST
- NORTHERN
- VALLEY



Cities and Counties by Region

Central

<i>Cities</i>	<i>Counties</i>
Charlottesville	Albemarle
Colonial Heights	Amelia
Hopewell	Caroline
Petersburg	Charles City
Richmond	Chesterfield
	Dinwiddie
	Fluvanna
	Goochland
	Greene
	Hanover
	Henrico
	King William
	Louisa
	Madison
	Nelson
	New Kent
	Orange
	Powhatan
	Prince George

Southside

<i>Cities</i>	<i>Counties</i>
Danville	Brunswick
Emporia	Buckingham
Franklin	Charlotte
Martinsville	Cumberland
	Greensville
	Halifax
	Henry
	Lunenburg
	Mecklenburg
	Nottoway
	Patrick
	Pittsylvania
	Prince Edward
	Southampton
	Sussex

Hampton Roads

<i>Cities</i>	<i>Counties</i>
Chesapeake	Gloucester
Hampton	Isle of Wight
Newport News	James City
Norfolk	Mathews
Poquoson	Surry
Portsmouth	York
Suffolk	
Virginia Beach	
Williamsburg	

Northern

<i>Cities</i>	<i>Counties</i>
Alexandria	Arlington
Fairfax	Clarke
Falls Church	Culpeper
Fredericksburg	Fairfax
Manassas	Fauquier
Manassas Park	King George
	Loudoun
	Prince William
	Rappahannock
	Spotsylvania
	Stafford
	Warren

West Central

<i>Cities</i>	<i>Counties</i>
Lynchburg	Amherst
Radford	Appomattox
Roanoke	Bedford
Salem	Botetourt
	Campbell
	Craig
	Floyd
	Franklin
	Giles
	Montgomery
	Pulaski
	Roanoke

Eastern

<i>Cities</i>	<i>Counties</i>
	Accomack
	Essex
	King & Queen
	Lancaster
	Middlesex
	Northampton
	Northumberland
	Richmond
	Westmoreland

Southwest

<i>Cities</i>	<i>Counties</i>
Bristol	Bland
Galax	Buchanan
Norton	Carroll
	Dickenson
	Grayson
	Lee
	Russell
	Scott
	Smyth
	Tazewell
	Washington
	Wise
	Wythe

Valley

<i>Cities</i>	<i>Counties</i>
Buena Vista	Alleghany
Covington	Augusta
Harrisonburg	Bath
Lexington	Frederick
Staunton	Highland
Waynesboro	Page
Winchester	Rockbridge
	Rockingham
	Shenandoah